

# DAY PROGRAMME

# 06:15 – 08:15 MORNING CARE (Please take note that we only open 06:45 during government school holidays)

The children arrive and do free activities inside the classroom. The children play outside in summer, if it is not raining. The children enjoy breakfast till **<u>08h00</u>**.

## 08:15 - 08:30 SCHOOL STARTS

(Please have your child at school by 08h15 if possible) Group greeting where we do the following: Greeting, children share news, register, Bible verse, days of the week, months of the year, seasons and weather.

# 08:30 - 09:00 GROSS-MOTOR ACTIVITIES

Mind Moves – Organised Gross-Motor activities Additional activities take place either in the mornings during summer or during outside playtime.

## 09:00 - 10:00 GROUP DISCUSSIONS & THEME

We do circle discussions of different topics (about 15 minutes per group), e.g. our bodies, water, our solar system, our country, etc. Presentation of experiments.

# 09:00 - 10:00 WORK CYCLE

Individual Montessori exercises are presented to each child, for children aged 3-5 work cycle can continue until 10:30. The children choose their own work from different areas namely: Practical life, Sensorial, Geometry, Language, Math and Cultural e.g. Botany, Geography, etc. Observation and recording.

## 10:00 - 10:30 SNACK TIME

Wash hands, pray and snack time. Snack time can then be from 10:30 for the older children.

## 10:30 - 12:00 OUTSIDE PLAYTIME

Free play outside. Extramural activities.

## 12:00 - 12:30 STORY TIME

(Story time might change without notice, as on rainy days!) Story, songs, rhymes and memory & listening games.

# 12:30 - HALF DAY CHILDREN GO HOME

Free play with blocks, puzzles, etc. Parents fetch half day children.

# 12:45 - 13:00 LUNCH TIME

Wash hands and have lunch. Get ready for nap.

#### 13:00 - 14:45 SLEEP OR REST - all ages has to rest

# 14:45 - 15:00 FREE PLAY INSIDE

Drawings, blocks, puzzles and books.

# 15:00 - 17:00 OUTSIDE PLAY TIME

The duration of this time will change according to the season and weather.

#### 16:00 SNACK TIME

Wash hands, pray and snack time, usually outside.

#### 17:00 - 17:30 INSIDE PLAY TIME

Drawings, blocks, puzzles and books.

#### 17:30 - SCHOOL CLOSES

Children staying for aftercare will now be attended to. Full day children are being fetched.

# CHILDREN STAYING FOR AFTERCARE UNTILL 19:00 WILL RECEIVE THEIR COOKED DINNER AT 18:00. Aftercare to be booked by 13:00 each day to avoid penalties\*